

ATTEND Form for Parents/Carers

For the assessment of factors contributing to school non-attendance

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Name of Child:

DOB:

School:

School year:

Completed by (name and relationship to student):

Date of completion:

My child's strengths

What are they good at? What activities do they enjoy?

When have they had good attendance at school?

What helps?

Who are their friends?

If you could name one adult they trust at school, who would it be?

What is stopping my child from going to school?

Worry

My child is worried about:

- | | | |
|--|--|--|
| ☐ open spaces | ☐ being bullied | ☐ getting sick/germs/viruses |
| ☐ feeling trapped | ☐ having a panic attack | ☐ doing badly in lessons |
| ☐ crowds | ☐ public transport | ☐ socialising with other people |
| ☐ the school bus | ☐ getting into trouble | ☐ something else _____ |

My child is so afraid of school that they:

- | | | | |
|--------------------------------|--|------------------------------------|---|
| ☐ sweat | ☐ breath too fast | ☐ cry | ☐ have a racing heart |
| ☐ panic | ☐ run away | ☐ get angry | ☐ find it hard to sleep on school nights |

Health and wellbeing

My child has:

- | | | | |
|--|---------------------------------|-------------------------------------|--|
| ☐ migraine headaches | ☐ IBS | ☐ dyspraxia | ☐ severe period pains |
| ☐ an eating disorder | ☐ ADHD | ☐ dyslexia | ☐ hearing problems |
| ☐ sight problems (including CVI) | ☐ OCD | ☐ depression | ☐ anxiety/panic attacks |
| ☐ speech and language difficulties | ☐ autism | ☐ seizures | ☐ physical disability |
| ☐ another condition not listed here _____ | | | |

- ☐ My child feels like they are in the wrong gender body

Sensory overload

My child finds it hard to put up with:

- | | | |
|---|---------------------------------|---|
| ☐ the fabric of school uniform | ☐ smells | ☐ moving between lessons |
| ☐ being too close to others | ☐ noise | ☐ bright lighting |
| ☐ something else in the school environment _____ | | |

Fitting in

- | | |
|--|--|
| ☐ My child is being bullied | ☐ My child has a bad reputation at school |
| ☐ My child recently lost a good friend | ☐ My child feels lonely and doesn't really have friends |
| ☐ My child has recently fallen out with someone | |
| ☐ My child is having problems involving social media or cyberbullying | |
| ☐ My child feels they don't fit in with others. They struggle at lunch and break times | |
| ☐ My child feels they don't fit in with others because they are a different religion or race | |
| ☐ My child feels they don't fit in with others because they are gay/lesbian or have a different gender identity | |

School work and teachers

- | | | | |
|---|---|-------------------------------|--|
| ☐ My child finds the work too | ☐ hard | ☐ easy | ☐ My child doesn't trust the teachers |
| ☐ My child is having trouble with a certain teacher | ☐ My child finds school rules too strict | | |
| ☐ My child worries teachers will get angry with them | ☐ My child is worried about exams | | |
| ☐ My child is worried about doing PE or getting changed for PE | | | |

Changes

My child recently moved:

- ☐ schools ☐ from primary to secondary ☐ year group ☐ house ☐ to the UK
- ☐ English is not my child's first language and they are still learning it

Things at home

- ☐ I, or another parent or carer, has physical or mental health problems
- ☐ I worry a lot about the physical and mental health of my child
- ☐ It is not always safe at home because of fighting and arguments, drinking or drugs
- ☐ We have had a death in our family
- ☐ We have had stressful things to cope with at home (e.g. house fire, burglary, redundancy)
- ☐ We have had a big change in our family (e.g. new baby, new parent/carer, new step-siblings, divorce or separation)
- ☐ My child sometimes has to look after me, another parent/carer or brothers and sisters due to physical or mental health difficulties
- ☐ We worry a lot about having enough money
- ☐ There are lots of problems with where we live (e.g. damp, too crowded, we keep having to move, disagreements with neighbours or landlord)
- ☐ I find it hard to get my child to school in the mornings for practical reasons (e.g. other children with additional needs, transport issues, health problems)
- ☐ My child feels really worried about being away from me or another parent/carer – they find it distressing when we separate
- ☐ We don't feel school is that important in our family - we think there are other ways of learning things

Other things that stop my child getting back to school

- ☐ My child has access to comforts (e.g. computer, phone, play station or X-box, internet, TV, food, staying in bed or on the sofa, cigarettes, drugs)
- ☐ My child has a girlfriend/boyfriend off school
- ☐ My child is influenced by friends who are also off school
- ☐ Other people in our family are at home during the day
- ☐ My child works and earns money while they are out of school
- ☐ My child gets extra attention from, and time with, me or another parent/carer
- ☐ My child can completely control their environment at home (e.g. what they wear, who they see, when they go to bed or get up, what they eat, routines)

I am worried my child might be: ☐ involved in gang activities ☐ influenced by a radical religious or nationalist group ☐ at risk of being sexually exploited by someone older than them

- ☐ My child does a lot of online gaming and has friends through it
- ☐ My child feels they are learning what they need to online or through friends or family
- ☐ My child feels that school is pointless and does not want to be part of 'the system'

Things that make it harder for my child to go back to school

- ☐ My child doesn't know how to explain why they have been away to friends
- ☐ My child worries about facing teachers
- ☐ My child worries that if they get into school, they won't be allowed to leave if they need to
- ☐ My child feels safe at home
- ☐ My child doesn't think they can catch up with school work that they missed
- ☐ No-one is really helping my child
- ☐ My child goes to bed too late or sleeps badly and has trouble waking up early. My child feels tired and sometimes catches up with sleep during the day
- ☐ People disagree about how to help my child
- ☐ My relationship with my child's school is strained/has broken down

Is there anything else that stops your child going to school?

Of all the reasons ticked on this form, which are the most important?

What is your worst fear/best hope for your child?

What actions do you hope will be taken by the school next?